

# Aquatics Complex Schedule



Access to the pool is also dependent on other activities that may be taking place in the pool.  
See attached schedules for information regarding lap lane availability.

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY      SUNDAY

Outdoor Pool*	6:00 am to 7:00 pm: Lap Swim and Aquatic Programming	6:00 am to 7:00 pm: Lap Swim and Aquatic Programming	6:00 am to 7:00 pm: Lap Swim and Aquatic Programming	6:00 am to 7:00 pm: Lap Swim and Aquatic Programming	6:00 am to 7:00 pm: Lap Swim and Aquatic Programming	7:00am to 4:30pm; Lap Swim and Aquatic Programming	8:00am to 4:30pm; Lap Swim and Aquatic Programming
	Pool Deck is CLOSED for the season; Lap Pool for Adults 14 years and older ONLY						
Indoor Lap Pool*	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 7:30 pm	7:00am to 4:30pm	8:00am to 4:30pm
Water Park/Leisure Pool	11:00 am to 8:00 pm Open Swim	11:00 am to 8:00 pm Open Swim	11:00 am to 8:00 pm Open Swim	11:00 am to 8:00 pm Open Swim	11:00 am to 7:30 pm Open Swim	10:00 am to 4:00 pm Open Swim	10:00 am to 4:00 pm Open Swim
	Slide Closed	Slide Closed	Slide Closed	Slide Closed	Slide Closed	12:00 pm to 4:00 pm Slide Open	12:00 pm to 4:00 pm Slide Open
Whirlpool & Cold Plunge	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 8:30 pm	5:00 am to 7:30 pm	7:00am to 4:30pm	8:00am to 4:30pm
Lesson & Therapy Pool	Aqua Fitness & Therapy Only. <a href="#">Please see the schedule.</a>						

## IMPORTANT NOTES:

Please do not exit by way of the Outdoor Deck; all members must exit through the Front Lobby

Outdoor Deck is CLOSED for the season. The Outdoor Pool is open for adults 14 years or older ONLY.

## PEAK LANE AVAILABILITY

**Outdoor lap swimming:** Weekdays and weekend mornings  
**Indoor lap swimming:** weekday early mornings, weekday early afternoons, weekday late evenings as well as weekends



The ENTIRE pool complex must close for 30 minutes every time we hear thunder or see lightning. The Outdoor Pool may have to close due to heavy rain. In addition, the Outdoor Pool will close when the RealFeel is 25° or below.

# Therapy Pool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	5:00 - 7:00 Therapy	5:00 - 7:00 Therapy	5:00 - 7:00 Therapy	5:00 - 7:00 Therapy	5:00 - 7:00 Therapy	CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00	7:00 - 8:00 Programs & Therapy	7:00 - 9:00 Programs & Therapy	7:00 - 8:00 Programs & Therapy	7:00 - 9:00 Programs & Therapy	7:00 - 11:00 Programs & Therapy	7:00 - 9:00 Programs & Therapy	8:00 - 4:30 Programs & Therapy
7:30							
8:00	8:00 - 12:00 Closed AquaFitness	9:00 - 12:00 Closed AquaFitness	8:00 - 12:00 Closed AquaFitness	9:00 - 12:00 Closed AquaFitness		11:00 - 1:00 Closed AquaFitness	
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00	12:00 - 4:00 Programs & Therapy	12:00 - 4:00 Programs & Therapy	12:00 - 4:00 Programs & Therapy	12:00 - 4:00 Programs & Therapy	1:00 - 4:00 Programs & Therapy	1:00 - 4:30 Programs & Therapy	
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00	4:00 - 8:30 Programs and Therapy **	4:00 - 8:30 Programs and Therapy **	4:00 - 8:30 Programs and Therapy **	4:00 - 8:30 Programs and Therapy **	4:00 - 7:30 Programs and Therapy **	CLOSED	CLOSED
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		
8:30							
9:00							
**Heavier Volume of swim lessons, participants may be asked to exit pool Effective 10/30/23							

**\*\*Heavier Volume of swim lessons, participants may be asked to exit pool Effective 10/30/23**

# Indoor Lap Pool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
5:00am	5:00 - 6:00 4 Lap Lanes	5:00 - 6:00 4 Lap Lanes	5:00 - 6:00 4 Lap Lanes	5:00 - 6:00 4 Lap Lanes	5:00 - 6:00 4 Lap Lanes	CLOSED	CLOSED					
5:30												
6:00	6:00 - 7:00 1 Lap Lane 3 Aquatic Programs	6:00 - 7:00 1 Lap Lane 3 Aquatic Programs	6:00 - 7:00 1 Lap Lane 3 Aquatic Programs	6:00 - 7:00 1 Lap Lane 3 Aquatic Programs	6:00 - 7:00 1 Lap Lane 3 Aquatic Programs							
6:30												
7:00	7:00 - 9:00 3 Lap Lanes 1 Aquatic Programs	7:00 - 9:00 3 Lap Lanes 1 Aquatic Programs	7:00 - 9:00 3 Lap Lanes 1 Aquatic Programs	7:00 - 9:00 3 Lap Lanes 1 Aquatic Programs	7:00 - 9:00 3 Lap Lanes 1 Aquatic Programs	7:00 - 8:00 4 Lap Lanes	8:00 - 11:30 4 Lap Lanes					
7:30												
8:00						8:00 - 9:00 Closed Aqua Programs						
8:30												
9:00	9:00 - 10:00 Closed AquaFitness	9:00 - 10:00 1 Lap Lane 3 Aquatic Programs	9:00 - 10:00 Closed AquaFitness	9:00 - 10:00 1 Lap Lane 3 Aquatic Programs	9:00 - 10:00 Closed AquaFitness	9:00 - 11:30 1 Lap Lanes 3 Aquatic Programs						
9:30												
10:00	10:00 - 11:00 Closed AquaFitness	10:00 - 11:00 Closed AquaFitness	10:00 - 11:00 Closed AquaFitness	10:00 - 11:00 Closed AquaFitness	10:00 - 11:00 Closed AquaFitness							
10:30												
11:00	11:00 - 4:00 2 Lap Lanes 2 Aquatic Programs	11:15 - 12:00 Closed Aqua Programs	11:00 - 4:00 2 Lap Lanes 2 Aquatic Programs	11:00 - 4:00 2 Lap Lanes 2 Aquatic Programs	11:00 - 4:00 2 Lap Lanes 2 Aquatic Programs	11:30 - 1:00 2 Lap Lanes 2 Aquatic Programs	11:30 - 2:00 3 Lap Lanes 1 Aquatic Programs					
11:30												
12:00		12:00 - 4:00 2 Lap Lanes 2 Aquatic Programs				1:00 - 4:30 3 Lap Lanes 1 Aquatic Programs		2:00 - 3:00 USMS 2 Lap Lanes				
12:30												
1:00												
1:30												
2:00												
2:30												
3:00						3:00 - 4:30 4 Lap Lanes						
3:30												
4:00	4:00 - 8:30 2 Lap Lanes 2 Aquatic Programs	4:00 - 5:00 2 Lap Lanes 2 Aquatic Programs	4:00 - 8:30 2 Lap Lanes 2 Aquatic Programs	4:00 - 5:00 2 Lap Lanes 2 Aquatic Programs	4:00 - 7:30 2 Lap Lanes 2 Aquatic Programs	CLOSED	CLOSED					
4:30		5:00 - 7:00 1 Lap Lane 3 Aquatic Programs		5:00 - 7:00 1 Lap Lane 3 Aquatic Programs								
5:00												
5:30												
6:00												
6:30												
7:00		7:00 - 8:30 2 Lap Lanes 2 Aquatic Programs		7:00 - 8:30 2 Lap Lanes 2 Aquatic Programs	CLOSED							
7:30												
8:00												
8:30	CLOSED	CLOSED	CLOSED	CLOSED								
9:00												

Effective 10/30/2023

# Waterpark/Leisure Pool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00	11:00 - 8:00 Open Swim	11:00 - 8:00 Open Swim	11:00 - 8:00 Open Swim	11:00 - 8:00 Open Swim	11:00 - 7:30 Open Swim	10:00 - 12:00 Open Swim	10:00 - 12:00 Open Swim
10:30						SLIDE CLOSED	SLIDE CLOSED
11:00							
11:30							
12:00						12:00 - 4:00 Open Swim	12:00 - 4:00 Open Swim
12:30							
1:00							
1:30							
2:00							
2:30							
3:00						SLIDE OPEN	SLIDE OPEN
3:30							
4:00							
4:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4:00 - 4:30 SLIDE CLOSED	4:00 - 4:30 SLIDE CLOSED
5:00						CLOSED	CLOSED
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							

Effective 10/30/2023

# Outdoor Pool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
5:30							
6:00							
6:30	6:00 - 7:00 5 Lap Lanes 1 Aqua Programs	6:00 - 6:00 5 Lap Lanes 1 Aqua Programs	6:00 - 7:00 5 Lap Lanes 1 Aqua Programs	6:00 - 6:00 5 Lap Lanes 1 Aqua Programs	6:00 - 7:00 5 Lap Lanes 1 Aqua Programs	7:00 - 4:30 Lap Swimming Only	8:00 - 4:30 Lap Swimming Only
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00	6:00 - 7:00 4 Lap Lanes 2 USMS	6:00 - 7:00 4 Lap Lanes 2 USMS	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
6:30							
7:00							
7:30	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8:00							
8:30							
9:00							

Deck Closed for the Season. Lap Swimming for Adults 14 & Older ONLY

Effective 10/30/2023